

36 Talking about food

1 Basic vocabulary

Match the words in colour with the definitions below:

1. Have you had breakfast?
 2. What time do you have lunch?
 3. What are we having for dinner?
 4. Do you want some supper?
 5. We've only got time for a snack.
 6. I hope you've got a good appetite.
 7. I'm starving.
 8. We had a barbecue in the back garden.
- a. a small meal eaten just before you go to bed
 b. the desire for food
 c. the meal eaten around midday
 d. very hungry
 e. the first meal of the day
 f. a quick and easy meal
 g. when you grill food outside
 h. the main evening meal

In British English we say have breakfast, lunch, dinner. In American English people often say eat breakfast, eat lunch and eat dinner.

In the United States people have brunch. What do you think it is?

2 A balanced diet

In each of the following groups, three words collocate with the word in colour. Which is the odd one out in each group?

- | | |
|--|---|
| 1. fast
junk food
easy
frozen | 4. healthy
fit food
organic
fresh |
| 2. simple
plain food
rich
fat | 5. main
light meal
heavy
fast |
| 3. strong
hard flavour
mild
distinctive | 6. thin
healthy diet
balanced
fat-free |

3 Problems with food

Complete the following sentences with these words:

stale	burnt	ripe
sour	rotten	fresh

1. I'm afraid I've done it again! The toast's I'll make some more.
2. I wouldn't drink that milk if I were you. It doesn't smell very
3. This milk tastes a bit Did somebody forget to put it back in the fridge again?
4. I can't believe it. I only bought this bread yesterday. It's already!
5. Some of these apples are and I only bought them at the weekend.
6. I'd leave these bananas for another day. They're not yet.

You can also say that meat, fish, fruit or milk is off or has gone off – "This milk's off. This fish is starting to go off."

4 It's absolutely delicious

Complete the following dialogues with the pairs of words below:

tasty / delicious
flavour / bland
flavour / tender
wonderful / revolting
off / disgusting

1. Yuk! This salmon smells a bit
> Yes, it's absolutely
2. Your chicken looks very
> Mm, it's absolutely
3. This sauce hasn't got much, has it?
> No, it's a bit, I'm afraid.
4. I've just discovered a blue cheese from Spain.
> Oh, how! I can't stand blue cheese.
5. I've never tasted lamb with so much
> Yes, and it was so, wasn't it?